

The 1st Sunday of Advent:

# Hope

Take ten minutes before dinner to light the first candle of the advent wreath. Make time to talk about how our hope in God is strengthened when we realize He keeps His promises. Each night during the week, light the first candle and talk about *the hope we have in Jesus.*

Sunday: Romans 8:16 How does the Holy Spirit speaking to your spirit give you hope?

Monday: Psalms 33:16-22 What should a follower of Christ hope for?

Tuesday: Psalms 42:11 What is the Psalmist's remedy for dealing with tough times?

Wednesday: How would you define hope to someone who has none?

Thursday: Make a list of three people who do not believe in Jesus, and pray they will believe and find hope.

Friday: Hebrews 10:23 Why should one hold tightly to the confession of hope?

Saturday: 1 Peter 1:3 Why does Peter call our salvation a living hope?

## Family Activity

As a family, make two Christmas wreaths out of evergreen pieces. Weave some red holy berries or some red ribbon in the evergreen. Remind yourself of the meaning behind the parts of the wreath. The circle of evergreens gives us hope for two reasons. First, the circle is picture of God's eternal nature, because a circle has no beginning and no end. Secondly, the red parts you add are reminders of the sacrifice Jesus made to pay for our sin. Third, the evergreens are a symbol of eternal life. Hang one wreath where it reminds you of the living hope we have in God. Give the second wreath to a neighbor and explain why the wreath is a reminder of hope.