Personal Journal

Do you agree it is typically a difficult thing to humble yourself before God? Why or why not?

What did I learn about God?

What did I learn about myself?

What are the benefits of casting all your anxieties on God?

Explain how 1Peter 5:6-9 is like James 4:7. What are the two most important things you learn from these two passages?

What will I do with what I just learned?

List all the things you learn about God in 1Peter 5:10&11. What difference do these make in your life of faith?

**Prayer List**